



The deadline for our next issue is July 24th, and we would love to hear from you. Drop us a line at pas@dragonpalm.com. We would like to bring back some of our old columns. But we need people to send in submissions. Many of our old columns needed imput to work. The broom closet which is an on-line magazine flea market, On the Pagan Fridge - art of our children, Pagan Postings - letters from our readers, Pagan Fun Time - jokes, puzzles, games, cartoons. We can use art, photos, stories, articles, reviews and more.

Being an e-zine we can be as big as submissions let us. So we would like to see besides our loyal regulars some new blood and we would like to welcome back some of our old blood as well. Now if you could get some letters for Pagan Postings it might bring back some of the old blood and new blood would feel more welcome. The posting can be on this issue or any of our past issues.

Dreamweaver

Peppermint And Sage Issue22 Litha 2016

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All submission should be sent to pas@dragonpalm.com

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All issues are free in PDF format. Permission to print as long as all content is included and nothing is added.

Peppermint And Sage is created using PagePlus X8 by Serif.

June 2016				
	1	Wed		
	2	Thu		
	3	Fri		
	4	Sat	New Moon	
	5	Sun		
	6	Mon		
	7	Tue		
	8	Wed		
	9	Thu		
	10	Fri		
	11	Sat		
	12	Sun		
	13	Mon		
	14	Tue		
	15	Wed		
	16	Thu	Dragon Palm PNO	
	17	Fri		
	18	Sat		
	19	Sun	Father's Day	
	20	Mon	Litha /Full Moon	
	21	Tue		
	22	Wed		
	23	Thu		
	24	Fri		
	25	Sat		
	26	Sun		
	27	Mon		
	28	Tue		
	29	Wed		
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July 2016

Independence Day/ New Moon
Dreamweaver's Birthday
FULL MOON
Dragon Palm PNO
PAS 23 DEADLINE

Calendar Events:

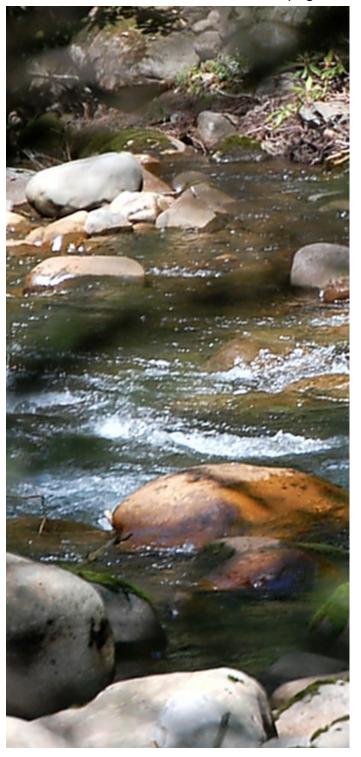
For more information on Dragon Palm Circle Events join the Dragon Palm Events group on Facebook or contact:

dreamweaver@dragonpalmcircle.org

For Earth'[s Web events information go to their

web site: EarthsWeb.org

If you have a calendar event mail the information to: pas@dragonpalm.com. The calendar can be used for festivals, retreats, open rituals, PNO's, concerts and other events of interest to pagans.





The Door to the Beyond: Mental Health and Paganism by Moss Bliss

Door to the Beyond

Part XXII

Getting Through

Thank you for joining me in another walk through the Door. Going through it can and has been exciting over the years... but there will always be those times when walking **anywhere** will be a matter of just plugging along.

We may call this "boredom". We may use choicer terms, such as "perseverance," "dragging along," or "the blahs". Nonetheless, no matter what we do with our lives, there are times when we don't feel the magick. Many of us with diagnoses tend to fixate on these times, to where it may seem as though **all the time** is this way. But we know that is not the case.

We can't have excitement 24/7. We just can't. We need down time, time to relax, time to recuperate. If we see this as a negative, it is easy to fixate on it, and to scream that it's over. Many of us choose these times to contemplate suicide, especially if we have had a lot of these times lately.

I give to you the Magick Words which will get you through these times. As nobody has the same preferences of language, I'll say them several different ways, and you can choose one.

It's OK, I need some time off. I'm just resting. I can get through this. It's easy. This, too, shall pass.

It's true. Just as no bad time lasts forever, and no good time lasts forever, no boring time lasts forever. It just feels like forever while it's happening.

But what can you do to get through it?

Ah, come on, you know the answer. You've done it lots of times. Read something. Take a nap. Put on some music. Call a friend. Get on the Internet. Go for a walk, or a drive. Fill The Time.

You might also find this is a perfect time for meditating. OMMmmmmmmmmm can fill lots of time. My problem is, this is almost always the *last* thing I think of at these times – and probably the *best* thing I could do. Do you feel isolated from everything? Get in touch with everything! The only way to get in touch with everything all at once is meditation. Yeah, I'm preaching to myself again; isn't that the best way to motivate myself?

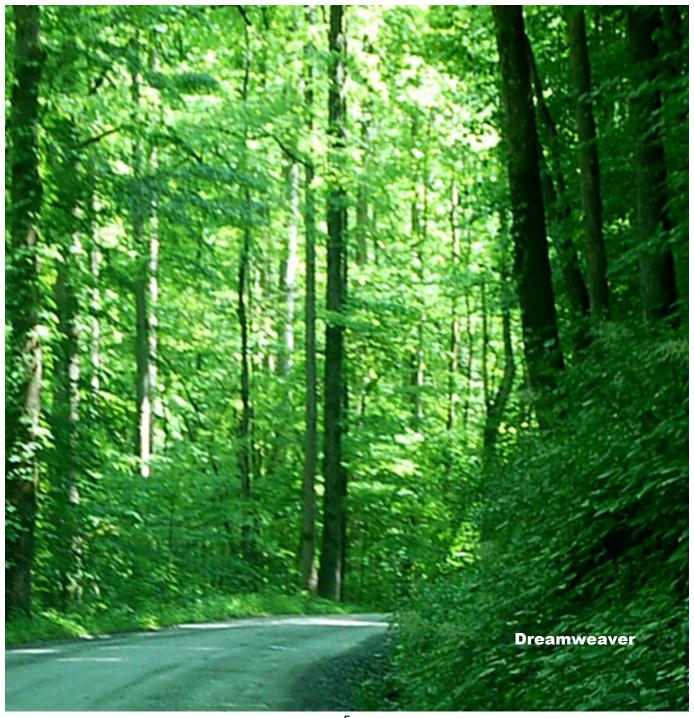
And if all else fails, you could always write me. Chances are, it will get to me right when I need someone to talk to. A quick email to zaivalananda@gmail.com will likely get you a quick email in return, and possibly a friend – for now, or for life, that's up to you.

What else can you do? What gets you through these periods? Actions, thoughts, meditations, anything. Tell me about it.

And next month we can walk through this door. Together.

Hugs, Moss

[Moss Bliss is a diagnosed person, a helper, a bard, a priest, a writer... Currently living in Dandridge TN in the proverbial Cabin in the Woods.]



EVERYTHING ME, EVERYTHING YOU

By Ayesha Khan

Cool wafts and Midnight skies, Neon lights and Cozy clubs, Red liquor and Sticky t-shirts,

Puff of grey smoke and

Pale hands;

Remind me of you.

Black curls and Blue eyes, Red lips and Tight jeans, Crocked smiles and Fake gratitude, Handful of pills and White powder; Remind me of you.

Smart mouth and

Wit,

Snarky remarks and Throaty laugh, Lip ring and

Inked skin.

Rustle of pleasure and

Sin:

Remind me of you.

Sometimes I lay Wondering Late at night

And end up thinking too much.

Puzzled and afraid

To picture

My alternate life-

The one where we don't know each other

Where there's no you and no me

No we:

And it scares me to bone

Just to imagine That deserted place, Purposeless life and Aimless pursuit.

And, I think

How would I look at things?

If I didn't know you.

Would the green still be this green?

Blue so blue? Black so dark? Red so fierce?

Honestly, I have no clue.

Drop by drop The colors flow out Desaturating the ink.

Word by word The meaning leaves And, my life becomes an ugly mess.

Then, through a tiny door You come and Fill my empty soul. And, you come Fill me with colors. With hopes and dreams

Of you-For you.

And, I lay Smiling Late at night Knowing There's no me Without you.

Because

Late nights and Moonlight, Soft pillows and Colorful kites. Assurance and

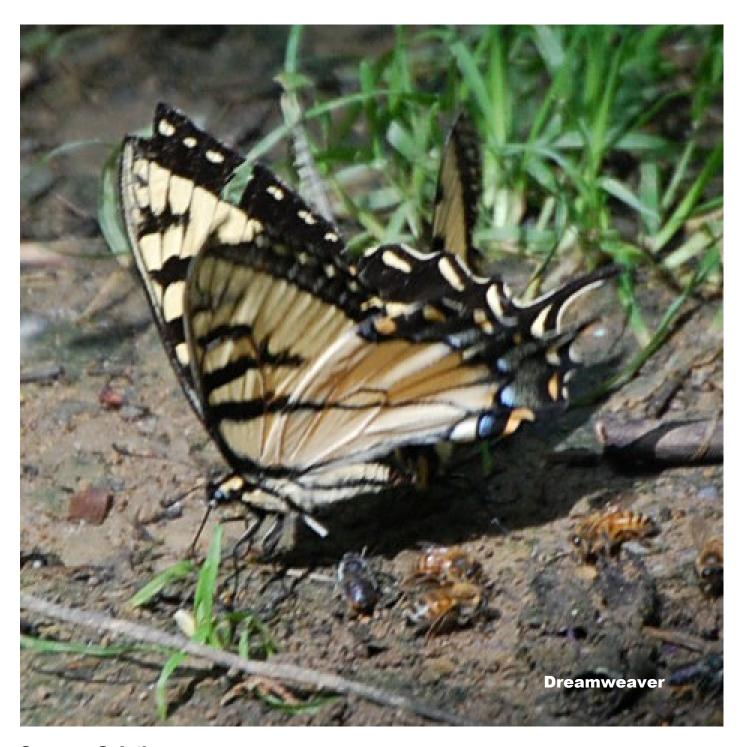
Might.

Probability and

Height;

Remind me of you.

Everything reminds me of you. Everything reminds me of you.



Summer Solstice

By Lady Sky

Summer brings with it more warmth, more light, and more outdoor activities. We are able to feel the peace of the outside world and in our heart. The green of summer is just one of the many colors we encounter. The blue skies, the many different colored birds, the flowers, the mountains, the rivers. The energy runs through everything. Almost as if the Earth herself is happy! People may try to make you feel small and insignificant but just like the drops of summer rain we can join together and form a torrential downpour of love and support for each other. With everything happening in recent days, we may find it difficult to stay positive but just as long as we wake up each beautiful summer day, shine your light on someone else until every ray of light is deflected back to you!



With our on line 101 class I often get asked "Where can I get _______, there are no 'New Age' stores in my town or close by and I don't like buying on line". Well there are a lot of places out there that carry what you want. Now I hope this will become a regular feature, but it will need one of the hardest things we seem to have here – and that's reader's feedback. With this first article I will give some general places to find things and next issue I will list some places around Sevier county – and places others let me know about. Now a great place to start is a dollar store – If you have a Dollar Tree in your area – it can be a great place to find some items you may need. They have candles, incense, incense holders, candle holders, and around Samhain it's full of fun things. Walmart – if you look around you can find all kinds of things there. In the craft area I've even found some Pagan items. Also some really interesting incense holders.

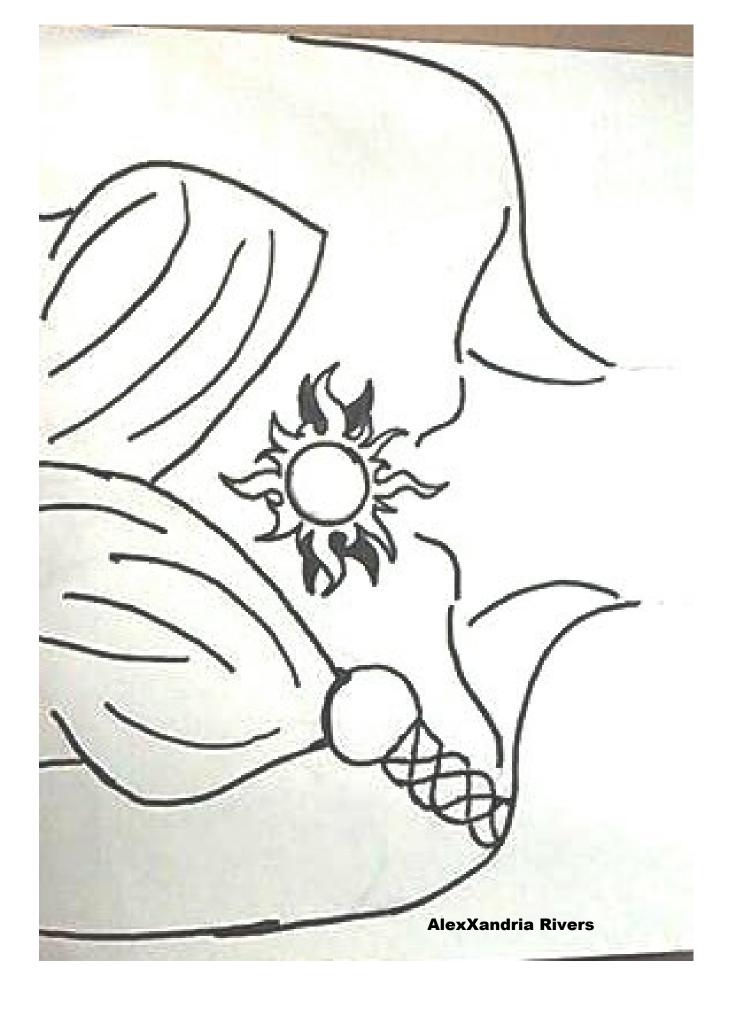
Flea markets are great places to find all kinds of things including candles, brooms, cauldrons, incense, herbs, books, all kinds of things. Now remember a lot of people who are selling these items, are not selling Pagan items – so don't get over excited that you may have found a person of like beliefs.

Most book stores will have a new age section, just check them out.

Sometimes it's not that there is no way to find them, you are just not looking hard enough. When we were in Florida, where we had New Age Stores all over the place – we would find people who said they couldn't find anything. If you have a craft area where you live or craft fairs – you would be surprised the things you can find.

Remember that around Samhain you can find good items in many stores. Another place to look is craft stores. They may not have what you are looking for, but they have what you need to make it. Check The Witch's Voice – www.witchvox.com – for others in your area – sometimes you will find that you are not alone. If you can find a local Pagan Pride Day – you will find all sorts of Pagan made tools and other fun stuff.





Blood on the roses- an editorial on Orlando's shooting

Kenya Coviak/AKA Mistress Belladonna

Murders and attempted murders were gashed across this nations soul this weekend in an outrageous scene of violence in Orlando Florida at the Pulse nightclub. Over 50 souls were extinguished in one of the most horrific ways possible, and over 50 more were injured physically in this mayhem. The number of people who have been injured that did not have physical wounds is beyond counting. The wounds that each of those rounds tore into the emotional soul of this nation's heart are catastrophic.

This is beyond the measure of a hate crime. This is more than an act of terror. This does not hide in the mantle of only being the actions of a lone disturbed person. This is a spiritual perversion and sickness that has gripped the minds of so many in these times.

That depravity of spirit is HATRED.

Make no mistake. Do not try to tie this up in a pretty little bow and vivisect it into pieces in order to make it fit whatever soundbite is most handy at the moment in the media. This is hatred, pure and simple. And it is alive, well, and spreading like the wings of death across this great nation.

The United States, contrary to popular revisionist beliefs, was founded by people who were human beings with the mind that this collection of souls, flesh, and bones would be able to be a place of sanctuary and sanity for all persons to be able to hold their ideas without persecution or violence because of them. This is not what we have become. Instead, we have become petty, mean, and intolerant. We have embraced the bigot, the scorner, the dogmatist and made them supreme. The incense of lies and fear creates a twisted kef that intoxicates the believers of this misery into a stupor of dangerous stupidity.

In our efforts to facilitate so much instantaneous validation of every position, we have neglected the child of promise that is the ingrained ability to declare what is right and what is wrong. The rights of myself end at the tip of my fellow man's nose, as do theirs. This means that if I find my beliefs do not have accord with theirs, that all can go forth in peace and security without that disagreement leading to the evil of offering violence and bloodshed.

Guns are not the villain here. Nor is it just about mental illness. This is not about whether one religion is any more violent than another. And it is absolutely not about the supposed agenda that many are stating is the objective of the non majority populace. I will not give the name any space here. No, none of these. The true scion of this chaos is the spirit of hatred that we have formed into an egregore that feeds upon us at this time.

The right to love, and be loved. The right to marry or not marry. The right to be in our truths, live our lives no matter the gender, sexual orientation, religion, creed, or other identifying factor that makes us a living soul is not up to anyone to judge to be a death sentence.

Some of the names of the murdered are Stanley Almodovar III, 23 Amanda Alvear, 25 Oscar A. Aracena-Montero, 26 Rodolfo Ayala-Ayala, 33 Antonio Davon Brown, 29 Darryl Roman Burt II, 29 Angel L. Candelario-Padro, 28 Juan Chevez-Martinez, 25 Luis Daniel Conde, 39

Cory James Connell, 21 Tevin Eugene Crosby, 25 Deonka Deidra Drayton, 32 Simon Adrian Carrillo Fernandez, 31 Leroy Valentin Fernandez, 25 Mercedez Marisol Flores, 26 Peter O. Gonzalez-Cruz. 22 Juan Ramon Guerrero, 22 Paul Terrell Henry, 41 Frank Hernandez. 27 Miguel Angel Honorato, 30 Javier Jorge-Reyes, 40 Jason Benjamin Josaphat, 19 Eddie Jamoldroy Justice, 30 Anthony Luis Laureanodisla, 25 Christopher Andrew Leinonen, 32 Alejandro Barrios Martinez, 21 Brenda Lee Marquez McCool, 49 Gilberto Ramon Silva Menendez, 25 Kimberly Morris, 37 Akyra Monet Murray, 18 Luis Omar Ocasio-Capo, 20 Eric Ivan Ortiz-Rivera, 36 Joel Rayon Paniagua, 32 Jean Carlos Mendez Perez, 35 Enrique L. Rios, Jr., 25 Jean C. Nives Rodriguez, 27 Christopher Joseph Sanfeliz, 24 Xavier Emmanuel Serrano Rosado, 35 Edward Sotomayor Jr., 34 Yilmary Rodriguez Sulivan, 24 Shane Evan Tomlinson, 33 Martin Benitez Torres, 33 Jonathan Antonio Camuy Vega, 24 Franky Jimmy Dejesus Velazquez, 50 Juan P. Rivera Velazguez, 37 Luis S. Vielma, 22 Luis Daniel Wilson-Leon, 37

Jerald Arthur Wright, 31



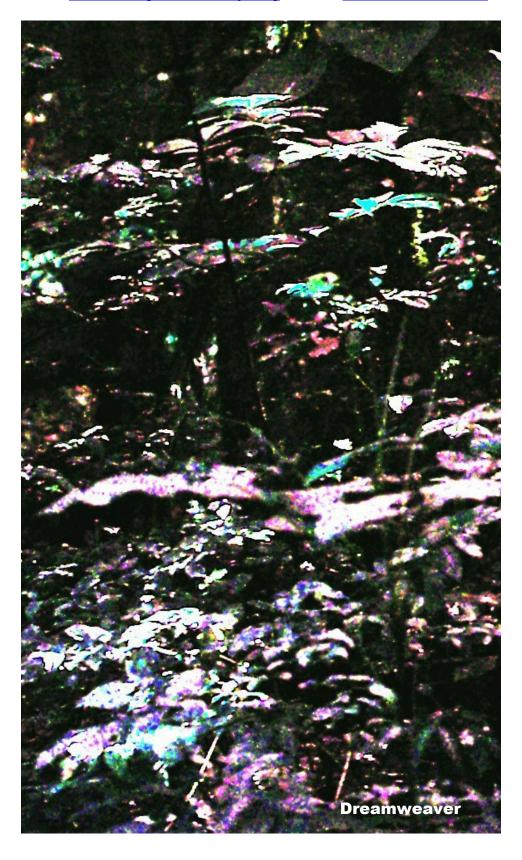
The murderous fiend who committed this atrocity pledged allegiance to ISIL. But that is not the whole of this matter. The forces of wickedness in this world use whatever vehicle for rationalizing their actions that resonates most handily. And while that vile darkness in the world claims this person, who I will not name - for names give power and life - it means no more than a wind above a charnal pit glorifying itself of the reeking odor of rot.

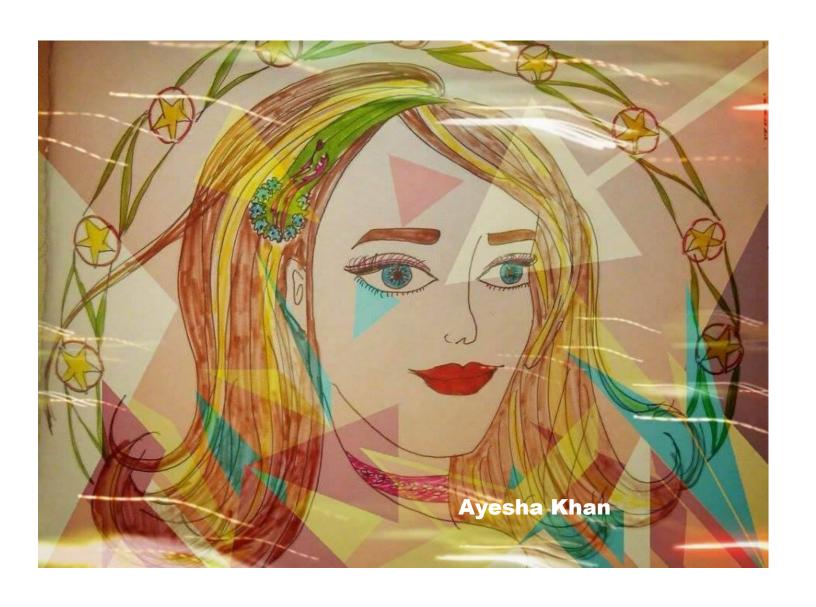
No, this is not just about any one thing. If not by gun, it would have been by explosive. If not explosive, it would have been by fire. If not by fire, then by individual ways, a hundred, a million, a billion moments of death that would find their way to visit into the lives of the innocent. This is the power of hate, this is the allure, this is the relentless onslaught of fear of the "other".

And this is not us. This is not what we believe as a nation. This is not what we believe as people of

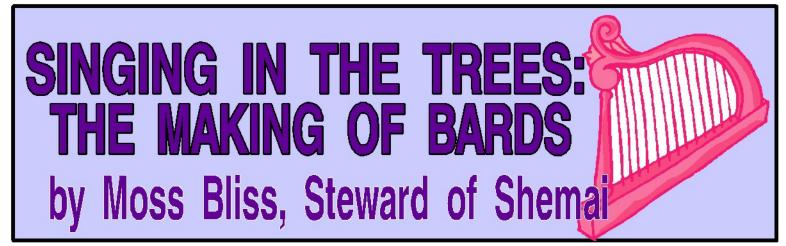
faith. This is not what we believe as souls, as humans, as spirits incarnate in this miracle called life. No, this is what happens when evil is fed, cherished, and allowed to grow wild in the gardens of our souls. Each of us is as beautiful and haunting as the most precious rose in our uniqueness. That is what makes this country beautiful.

Kenya Coviak writes for <u>Detroit Paganism Today blog</u>, and the <u>PBN News Network</u>









Singing in the Trees Midsummer 2016 by Moss Bliss Elder Bard

This is my last article as Steward of Shernai. Sometime in the next three weeks I will be leaving Sojourn, and will once again become the Bard of Blaine. Seems like no matter what I do, Blaine sucks me back in; this will be my third time moving there.

This has been a fruitful season. I got to perform at ConCarolinas earlier this month, and they really used me; nominally three concerts (two shared with White Plectrum and the ever-entertaining Blibbering Humdingers) and lots of Open Filking. I had a grand time and thank all the friends and others who helped get me there.

By the time this is published, I will have hosted the last Eastern Tennessee Housefilk to be held at Sojourn, and I expect to hear the beautiful tones, voices, strings of Cat Faber and Lauren Cox joining me. It has been lots of fun. I will not be albe to host in July, and August sees a road trip to South Carolina where Larry Kirby will be the gracious host.

Songwriting? I have had a few tickles, but no new songs. I try to write down the tickles for later use. I did inspire Lauren to write one, though. Larry inspired me to write an actual Serenity filk, but it's so hokey I wonder if I'll finish it.

So. What has been going on with you? I have not gotten responses to this article, but I hope I've inspired you to drag out pen and laptop and jot something down about how beautiful the trees are, or how warm the weather is, or how Goddess and God have moved in your life.

We are in for a scorcher. I'm glad we do not still have the President in office who stated he would solve Global Warming by putting a dome over the US and Canada and air-condition us. However, we appear to be facing the Trump of Doom, if Americans are as stupid as they appear to be. OK, I won't get into politics here. I just hope we elect people as loving as forgiving as the gods we adore.

What a ride this year has been. I trust it has been good for you as well. What I have to look forward to is a new psychic fair in Tennessee blessed with my music, and settling into my new place. I would love to get to Ohio in the Fall but don't see that happening; my next convention is my regular GAFilk in January. Always gotta spend the Faux New Year with my close friends in Atlanta.

Guess that's it for this issue. Stimulate your imaginations. Write your feelings and observations. Hug a tree.

[Moss Bliss is a fallible human being who also appears to be a decent musician, singer, and songwriter, and is an Elder Bard in the Triad Bardic College (website triadbardic.org) tradition. He can be reached at zaivalananda@gmail.com or at TBC's phone, (865) 344-7156 (leave a message).]



we meet every third Thursday of the month at 8 PM at the Sevierville Books-A-Million in the coffee shop. If the weather is nice we meet on the outside patio. They are located at 190 Collier Drive, Sevierville, TN. (Collier Drive is the light at the Sevierville Walmart). This is not an official BAM event, so do not contact them for information on the PNO, but for directions their number is 865-908-8994. Contact dreamweaver@dragonpalmcircle.org for more information or join our Facebook group "dragon Palm Events"

https://www.facebook.com/groups/221898301197684/

2016 PNO		
Jan. 21	Feb. 18	
March 17	April 21	
May 19	June 16	
July 21	Aug. TBA	
Sept. 16	Oct. 20	
Nov. 17	Dec. 15	

Our PNO's are informal gathering of Pagans - we talk about just about everything and check out the new books. We always welcome new people. Check out our website to see our pictures so you know who we are.

www.dragonpalmcircle.org



None of us like voting for the lessor of two evils, but sometimes one of the evils is so much worse than the other we have to. Third parties normally just give votes to the other side. Even when the third party is running the better person. And writing in someone who doesn't ask for it – is also tossing away your vote. (I would love to see a write in work – but unless things change greatly between now and November it won't) Now we might see some surprises at the conventions – let's hope so.

This has been one of the strangest election seasons I've ever seen. Hopefully it will usher in a new type of politics. People want a difference – the sad part is that a lot of people seem to love the talk of hate and blame instead of the talk of how we can change and make better. But we have had all types this election season. We have had hate mongers, religious fanatics, people who wanted recreated the middle class and people who want to keep the status quo.

The conventions should be very interesting this year – with luck we may start recovering the middle class – so let's vote – and don't forget to vote for more than just the President.













Become part of Peppermint And Sage
Deadline for our next issue isJuly 24,2016. We
can use article, poems, cartoons, artwork,
photos, jokes, reviews, events for the calendar,
cover, words for crossword, word search words.
We also need to hear from you!! Let us know
what you think of this issue, let our writers,
artist, poets, photographers know what you
think of what they are doing.. Submissions and
letters can be sent to pas@dragonpalm.com
Each issue has gotten bigger and the price has
stayed the same FREE.

You can start sending in items for it at anytime.

Lets make this issue the biggest yet! We can use

COVERs (both front and rear) Start submitting
today!!

Peppermint And Sage 23 COMING Lughnasadh 2016























