

# Peppermint And Sage

12

Ostara 2015



# MERRY MEET



April 2015

We're late We're late ... A head cold and some weird hours at work did me in. Wasn't able to get to our Ostara Rit. But feeling a little better, at least good enough to sit at my desk and put together the last few pages and fill in the empty spots after the articles are put on the page. Now we would still like to hear from you all. We notice people are downloading our issue - but we hear very little. Our Facebook pages as of at this time has 728 likes. Hope everyone who has liked it will download an issue and if just 10-% would drop us a line - we could have our Pagan posting page back.

I don't know about you, but I miss our ASK TIGER-LILY column. She ready to write one, but she needs some one to ask her something. The title does have ASK in it.

Our price has not gone up - it is still FREE and we want it to stay that way. But I've notice that the e-zines that charge money get more feedback than we do. We have a free forum here and it would be nice if we could hear from you . Pas@dragonpalm.com

Till next issue

Blessed Be

Dreamweaver

## Peppermint And Sage Issue 12

### Ostara 2015

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Editor/Publisher: Dreamweaver

All submission should be sent ot pas@dragonpalm.com

Peppermint And Sage is published eight times a year: Samhain, Yule, Imbolc, Ostara, Beltane, Litha, Lammas, and Mabon.

All issues are free in PDF format. Permission to print as long as all content is included and nothing is added

1	Wed	
2	Thu	DPC Full Moon Rit
3	Fri	
4	Sat	Full Moon/ Earth Web Full Moon
5	Sun	Easter Sunday
6	Mon	
7	Tue	
8	Wed	
9	Thu	
10	Fri	Tuatha Dea at Preservation Pub Knoxville, TN
11	Sat	
12	Sun	
13	Mon	
14	Tue	WIP
15	Wed	
16	Thu	PNO
17	Fri	
18	Sat	
19	Sun	
20	Mon	
21	Tue	
22	Wed	Earth Day
23	Thu	
24	Fri	Deadline for PAS 13
25	Sat	
26	Sun	
27	Mon	
28	Tue	
29	Wed	
30	Thu	

## May 2015

1	Fri	Beltane
2	Sat	Earth's Web Full Moon
3	Sun	Full Moon
4	Mon	
5	Tue	DPC Beltane and Full Moon Rit
6	Wed	
7	Thu	
8	Fri	
9	Sat	
10	Sun	Mother's Day
11	Mon	
12	Tue	
13	Wed	
14	Thu	
15	Fri	Earth's Web Beltane
16	Sat	Earth's Web Beltane
17	Sun	Earth's Web Beltane
18	Mon	
19	Tue	
20	Wed	
21	Thu	
22	Fri	
23	Sat	
24	Sun	
25	Mon	Memorial Day
26	Tue	
27	Wed	
28	Thu	
29	Fri	Earth's Web Men's Retreat
30	Sat	Earth's Web Men's Retreat
31	Sun	Earth's Web Men's Retreat

### Calendar Events:

For more information on Dragon Palm Circle Events join the Dragon Palm Circle Events group on Facebook or contact: [dreamweaver@dragonpalmcircle.org](mailto:dreamweaver@dragonpalmcircle.org)  
For Earth's Web events information go to their web site: [EarthsWebg.org](http://EarthsWebg.org)  
If you have a calendar event mail the information to [pas@dragonpalm.com](mailto:pas@dragonpalm.com). The calendar can be used for festivals, retreats, open rituals, PNO's concerts And other events of interest to pagans.



The Winged Serpent Crown is Finished!! That's 20 hours of work right there.

<http://hearthsidehandmade.storenvy.com/products/12416838-winged-serpent-crown>

If you have an item that you want to advertize in The Broom Closet send to [pas@dragonpalm.com](mailto:pas@dragonpalm.com)



# Around the Hearth.....

*by Lady Pinkie Luna Fae*

MMMMMM ... Spring is in the air... or is that more snow and ice? It's been a particularly trying time since Imbolc. The weather fae have been particularly bi-polar and have loved playing with Jack frost for the past little bit. The energy this time of year can be as persnickety as the weather and just as confusing and hard to ride it out. Everything is literally ready to burst with new growth and this concentrated gathering of forces for the big push through can leave some (myself included) a bit edgy and almost panic-ish. We want to go- go-go.. but the weather still says no-no-no. So we sit on the ball of "get ready" and try to keep it harnessed while we focus on establishing steps to repair damage from storms, and move forward into the growing season physically and metaphorically). The rapidly changing pressure systems can cause much physical discomfort, which in turn echoes in us spiritually and energetically. And in most parts of America you factor in the watoozie the time change adds to the mess and it doubles the the confusion of our inner workings. This transition from winter to spring is full of potential and with this much build up, we just want to do .. we want to get going and get on with it. We are not good at waiting as a species.

The question is how do we make it through this shift without going crazy or driving those around us nuts?? My answer?? I am not really sure!!! This transition seems to be much harder to ride out for me because it arrives with much anticipation as I am a solar powered pixie. Many women I know get something drastic done with their hair right now. Kind of the human equivalent of building a nest... it's something that outwardly manifests the bursting forth that we feel inside right now. A way to invoke spring from within to without. An outward sign that they are ready for change and growth. We begin to open doors and windows on the days that allow it and begin to feed the desire to clean away the debris, static and clutter that the winter indoors and cooped up has created. Within and without, because, never forget, as within so without and as without so within. The physical act of cleaning or changing something helps to dispel the energy swirling and building. To put it to use.

Another thing to consider before throwing yourself whole-heartedly into any manifestation of change is what will this reap? What return will this action, once done, create? If i get over zealous and tear down a wall in the house without much forethought, it can create much havoc in my life. Any action, physical or spiritual, comes with a ramification or a price. It is always a good idea to "look both ways before crossing" as it is with any impulse to do something drastic... and the impulses come fast and hard this time of year. As humans , we have the ability to master our impulses and instincts and curb them , plan the action, and avoid negative outcomes that we may have not seen if we just blindly followed our instincts and impulses. Is it easy? NOPE> But it is this ability that separates us from the animals. It is this that makes us human... the ability to choose. To choose our actions. To choose our words. To even choose our state of mind. One of the first tenants of magic is intention. We get an impulse or thought and in order to manifest it we give it intention. If you don't control your intention and focus and will, it can become very chaotic. Chaos is something a majority of people can't thrive with, so planning and forethought and choice and intention all working together is an intelligent choice, for ourselves and for those around us. Even

though chaos (or what appears as chaos) can and does produce many lovely things, if we can't zoom out far enough to see the forest we can loose ourselves in the trees. Stopping for a moment, even when everything inside is screaming move, and viewing things from a higher ground can give us a better sense of the direction we should choose for the outcome we would like.

Remember as with all things, what you do now, what you plant and tend, will either garner you rich rewards or bite you in the back side...

Til next time, Love and Light!!  
Lady Pinkie Luna Fae





# Backyard Farm Project

## Early Spring

Spring is just around the corner! I don't know about you, but I am super excited!! It's time to get some of those cool weather crops in the ground so they can start percolating. Be aware that once they start sprouting some of these may need to be covered if the temperature drops too low, but it's well worth it to get a jump on some of the yummy things growing in your garden.

As you can see below, we are working in the raised bed garden tubs we made last spring. This year everything is much simpler because these tubs are already there. I just pulled out a few weeds that had managed to entrench themselves in the soil after the growing season, loosened up the soil with my trusty hoe/rake thingie and topped off the tubs with some Miracle Grow Garden Soil. If you didn't plow under your old dead veggie plants, now is the time to rip them out with abandon and start making your soil all light and fluffy.



Today, I am planting onions, lettuce, and mustard. You can, of course, plant anything from the list of cool weather veggies but be sure to know your last anticipated frost date--most of these are suggested to be planted 4-6 weeks prior to it. Here you can see the tools we will be using today: trusty hoe/rake thingie (or whatever you use to play in the soil), seeds, onion sets, and (not pictured) your fingers. First we start with the lettuce. Rake back just light layer of soil.



Shakey shakey shake with the lettuce packet and loosely scatter the seeds in the area that you have pulled the soil from. I dont mind mixing my greens so I put the mustard seeds in the same area. I also plan on doing a little succession planting so I wont be filling the entire tub with lettuce. I will plant some more in a couple of weeks. This way it isnt ready all at once---tons of lettuce and only one me to eat it! After you get all of your seeds shaken out (or however many you want to use), lightly cover them over with the soil you raked back. If your soil is dry, mist it with some water give the seeds a little drink.



Next for the onions. As you can see, I purchased two different varieties, sweet and white. I will be planting them in different rows so that I know which ones are which. Start by again grabbing your funky hoe/rake tool but this time create some furrows like these below--just deep enough to cover one of the onions. Then, place the onions an inch or two apart in the rows. Make sure that they

are set in correctly. This part (on the left) is where the roots will eventually come from so it should go down. This part (on the right) is where the greenery will come from and is going to need to grow up not down. Some of your onions may already have some green showing, and thats okay.



When you are finished, your rows should look something like this. Cover them over, mist a bit of water if your soil is dry, and you are finished. You could also cover these with saran wrap to give sort of a greenhouse effect--help keep the moisture in, etc., but it wont take too long before you need to remove it.

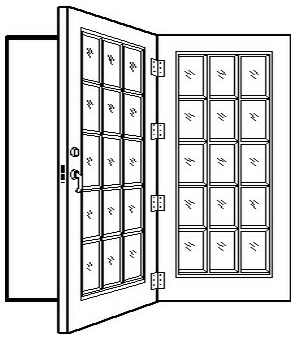


### Early Spring Planting List

- Arugula
- Beets
- Broccoli
- Cabbage
- Carrots
- Collards
- English Peas
- Kale
- Kohlrabi
- Lettuce
- Onions
- Potatoes
- Radish
- Spinach
- Swiss Chard
- Turnip

Find more information about early spring veggie planting at [www.pallensmith.com](http://www.pallensmith.com), and find out all kinds of goodies on how to make your backyard farm great at [www.backyardfarmproject.com](http://www.backyardfarmproject.com).

Written by Moonchylde



# The Door to the Beyond: Mental Health and Paganism by Moss Bliss

## Door to the Beyond: Paganism and Mental Health Part XII

In last month's walk through the door, Alex took us to a careful examination of how pagan teachers handle potential students with mental health issues. Fortunately, I had a teacher who told me about that, but who was on medication herself (with her teacher's knowledge), so I only got this information second-hand.

However, I was in treatment with psychiatric drugs for most of my life, and now that I've been off them for more than 3½ years, I've been watching others who are taking psych drugs in Circle, and have been able to recollect and reflect on my behavior while on drugs. The same probably goes for "recreational" drugs, perhaps even more so since there is less control over the dosage.

To be honest, I was a wreck. I'm amazed that anyone would want me around them with the effects I was experiencing. I went to SerpentStone Family Gatherings where it was all I could do just to be there, and can only remember a couple Gatherings where I actually attended all three major rituals (opening, main, and closing), and a lot more where I couldn't get there at all. People were taking care of me (thank all the gods, willingly) who were also among the most in demand for administering the Gathering itself.

While I am convinced that being on psychiatric drugs is highly detrimental to learning and practicing the Craft, I cannot turn my back on a sincere student. We must have teachers for these people, and the most understanding teachers are the ones who have been through it themselves. I guess that often nominates me. I have often been told by other teachers that they could not have handled students that I have taught, and am blessed by the fact that these comments are quite often followed by admiration for the way the student turned out.

It ain't easy, to coin a phrase. Not only do I understand how bad the student feels from the medication, it is a challenge for me to not try to prescribe my regimen in order to get them off the meds. There is no one regimen of natural treatment for everyone, and not everyone is strong enough to go through withdrawal, which is always much worse than most doctors will tell you (indeed, they probably don't know, having likely been lied to by pharmaceutical representatives). There are always setbacks, and they are more to be expected if the "patient" feels they are being pushed rather than helped.

Then you have the subject of what to teach. Not all disturbed people are unstable, but you can be assured that the meds make them more so. Teaching heavy magick is probably not a good idea. But the Lady needs teachers of the religion, not just of the magick, and from my experience far too many pagans have nearly forgotten that there *\*is\** a religion. This tends to result in the "party pagans" and "whoopie Wiccans" that show up at many large festivals, and the vast number of workshops on "Sex Magick".

Don't get me wrong, I fully believe that "all acts of Love and Pleasure are My rituals," as our Lady has been reported to have said. But there is a distinct difference between an "act of Love and Pleasure" and trying to have sex with every member of the opposite sex at a Gathering, especially if that is being done to draw power.



The way I read the dictionary, there is a distinct difference between "Love and Pleasure" and "Sex and Power". But I digress.

We should all learn the religion. The best teachers of the religion may indeed be those of us who cannot or should not practice the magick. Make a place for them in your Circles if you can. You may save a life, and that life may go on to show dozens more people the path to the Goddess.

A bit of background: I have been in treatment with radically varying diagnoses since the age of 12, and my parents were *looking* for a doctor to "help" me for years before that. My teacher (at around age 31) had shopped me to nearly every other teacher in the area (she felt she had a conflict of interest, namely, our relationship) before one teacher she honored firmly told her that it was her job. After a few years, our relationship fell apart, and the community treated me as a pariah. It was another year before I received my promised Second, and through a series of other causes and effects another thirteen years before my Third. But it happened, and my Family cares greatly for me.

You should also check out whatever teacher has offered to teach you, but don't believe everything you read. There are many jealousies throughout the Craft, and good people are slandered as often as bad. Check out Maryam Webster's Pagan Student's and Teacher's Bill of Rights, and see that you are doing your part as well as your teacher doing theirs. Remember, the teacher who charges for enlightenment is likely only attempting to en-lighten your wallet.

If all else fails, there are many Books of Shadows made public on the Internet, including about 95% of my own (<http://peacefulhippo.info>) (some articles removed for copyright issues, and the content may be hidden from time to time but it's still there, just ask me for a link).

As for those of you who are reading this that indeed have the issues discussed here (i.e., psychiatric diagnosis and/or prescription psychiatric drugs), don't give up hope. I am certain that if Goddess (or God) has called you, there is a teacher for you. It may not be local, and it may not be right now, and you may have to move, or whatever. I can do some teaching online or over the phone, but there are some things you just need to do in person, therefore I am reluctant to accept students who are not in my area without truly special considerations.

Do what you are Called to, and all will work out somehow. Goddess Bless, and I'll see you next issue for another walk through the Door.

Hugs,  
Moss

[Moss Bliss is a Wiccan priest living in Blaine, TN. He can be contacted at [zaivalananda@gmail.com](mailto:zaivalananda@gmail.com). All contact is welcome.]



# Theory of life

by Ayesha Khan

\*Deep sigh\* I am traveling in the train to home. Like every other day, I am tired and I just don't want anything else but to get home as quick as possible. I keep staring out the glass without much hope or enthusiasm to find anything new, because I am sure my old eyes would never detect any flux in these surroundings - on the way home from my long hours, all too strength consuming job. It seems like if this part of the universe was almost fixed - fixed life, fixed ratio, fixed distance, fixed - no - hope.

I get off the train automatically like a robot who'd been trained for this for almost thirty years now. Climbing the stairs up to my apartment does me nothing but hyperventilation which is somehow good, at least that makes me feel I am still breathing. Alive. Time in my apartment had also been frozen; no one waiting for me to get back, no sound, no footsteps, no scent of mouth watering apple pie my wife used to cook from the kitchen, no messages waiting to be answered on the machine, no more my kids waiting for me to get home and tell them some good stories - that usually started like, "Once upon a time, there ruled a great king over the kingdom of..." - may be it was because I had lost my kingdom; my family. Since my wife died and my kids moved out, there had never been anyone but myself. Alone. Or may be, I wasn't a king at all. Let alone "Great". I was weak and old. My heavy bag trailed off my fragile shoulder, slumping onto the floor like the broken pieces inside me. I took my shoes off and walked into the kitchen to make some coffee. Like every other day, I kept looking at the picture of my family that we took fifteen years back on a beach trip; rather than the boiling hot water. My head was so crowded up - a thousand voices breathing, sighing, shouting and warring; all at once. I felt like I had been cheated; life has been so unfair to me. It didn't give me enough time to say the goodbyes to my faithful wife as I had planned - or to ask my sons and daughters why they left me when I needed them the most? Wasn't I a good father? Didn't I deserved the love I had given them for all the years in return, even a part of it?

By the time I take my cup of coffee to sit by the fire, I could feel some wet drops oozing out the corners of my eyes. I was old and all alone. I couldn't imagine life getting any worse than this.

What really is life?

Some say it is a mystery. All the time, you do nothing but exploring its possibilities like an experiment. But for me, it's not. It's very obvious and clear. Life is a certain failed experiment to me, unless you are sure.

Others say it is a journey. To this I'd agree, adding that the end of this expedition is unchanged and same from forever.

Some say life is a test - A test with your own blood relations turning their back on you most of the times.

For rest, life is a struggle, a race - to this I've never given much thought. Why try to stand out among your own kind?

A cold wind wooshed past my face, biting at my cheeks, making me shiver. I got up quickly and closed the west window. I realized the coffee was a little too cold as I took the first sip.

I thought about going for the microwave when the thought hit me like a revelation in the black hole of the universe I was living in. So illuminating, so clear and bright that for a long moment, I was blinded by its intensity, shocked by its depth.

For the bitter coffee powder in my mug, there was also present sugar in a ratio so as to null the overpowering bitter effect. Like an antidote. In our lives, we all have some dark sides but we also have the merry laughs, sweet short memories, love, care and other bright things in one way or the other. We are never given more than we can take. There is always a proportion like we make the coffee. A balance.

I've had my share of smiles and tears. Its been always balanced. Yesterday was my good time. Today its my bad time. But who knows how happy my days to come could be? Thing is, I have to make myself less miserable by regretting and cursing my life. I should take the darker days like a challenge and prove myself firm and strong, saying that this time will pass and good days would come. No matter how dark the night is, the sun always shine.

If we add more coffee powder to the mug, taste would get more bitter. Similarly if we add more sugar, it would taste more sweet. Both, however, taste horrible after a certain limit. Just like that, our happiness and sadness has an equilibrium - a scale and a balance. It should not be too bitter or too sweet but bittersweet. Like making the coffee, it depends on us. The more we regret and curse, the more bitter and miserable life'd be. The more we are happy, the more we'd lose the true essence and value of happiness.

A grin of satisfaction stretched across my face as I took the last sip and placed the mug back on the wooden table, summing up life in one short sentence; *'Life is what we make it!'*



# Reality

by Lady Sky



## Renewal

What does that word mean to you?

To me it refers to a new chapter, a second chance to see things in a new way.

Why are we so adverse to change?

We all have trouble in our own way to even simple changes, for example daylight savings time, a new job, a new school, a new town, or a change in the season.

I think our brains are wired for repetitive actions, any deviation from the normal day to day activities seem to tip our world view. We get defensive, depressed, anxious, or just close ourselves off entirely. We are heading into Spring, I personally like Spring and Summer the best because I like warm weather, but I hate change!

We can't have the four Seasons without change. So we all adapt to change in our own way.

If we are honest with ourselves we can understand what is causing our anxiety, simple fear!

Fear of getting old, fear of failure, fear of not fitting in. Putting ourselves out into the world is terrifying, but we do it anyway because without change look at all we would miss.

The warm breezes, the smell of the flowers, the sounds of baby birds, a world reawakening after a long frozen Winter!

Spring is here and we need to celebrate the rebirth and renewal of the Earth!

Ostara is our chance to give thanks for coming out of the cold and dark and finding the glorious warmth and light at the end of the tunnel! Seeing the ground starting to grow green and seeing animals starting to roam again.

I don't know about you but I have missed the Springtime!

Let's try and make the most of it!



# Sage

Latin: *Salvia Officinalis*

Also Known As: Broadleaf Sage, Common Sage, Garden Sage, Spanish Sage, Tibbi Adacayl, Salvia, and Sarubia.

Gender: Masculine

Element: Air

Parts Used: Leaves, Flowers, and Roots

Planet: Jupiter

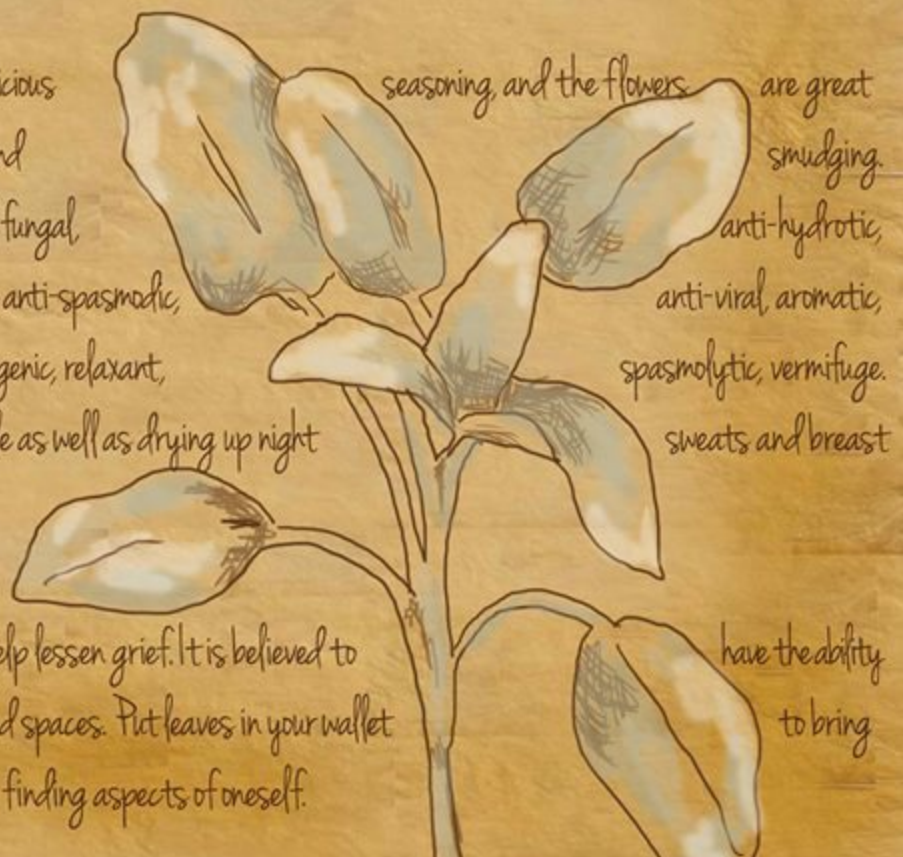
Powers: Longevity, Wisdom, and Protection

Deity: Zeus, Jupiter, Mary

Description: Sage is a hardy perennial that becomes woody and bushy with age. It is considered part of the mint family and has purplish spiky flowers when it blooms in the summer.

General Information: Can be toxic when used in excess. It has been used since Ancient Egyptian times and has been used to treat fever, epilepsy, liver disease and was used as a healthful tonic. It doesn't need much fertilizer and makes a good rinse for dark hair. It aids in the digestion of fatty foods.

Uses: The leaves of the garden sage are a delicious in salads. Sage can be used for purification and It is also considered to be anti-bacterial, anti-fungal, anti-inflammatory, anti-microbial, anti-septic, anti-spasmodic, astringent, carminative, emmenagogue, oestrogenic, relaxant, It benefits the nerves and the menstrual cycle as well as drying up night milk.



seasoning, and the flowers are great smudging. anti-hydrotic, anti-viral, aromatic, spasmolytic, vermifuge. sweats and breast

have the ability to bring

Magical Properties: Sage is supposed to help lessen grief. It is believed to to grant wishes. It is used to purify people and spaces. Put leaves in your wallet wealth. It is supposed to be good for hiding or finding aspects of oneself.

## **\* FICTIONAL WORKS FOR INSTRUCTION AND LEARNING**

\*\*\*\* As I was gathering opinions and information from others on Facebook for this article, the news of Terry Pratchett's death came across my timeline..... so with sadness in my heart... this one for you Mr. Pratchett.. May you find all that magic in your head on the other side\*\*\*\*\*

Today I received an e-mail informing me that I had won an ARC (advance reader copy) of the third installment of the Tufa series by Alex Bledsoe, *Long Black Curl*. So of course I rush right over to Amazon and pick up the first two novels, simply because you can't start a book in the middle of a series and I had planned on getting all three in May when *Long Black Curl* is published and available to the general public. This coupled with conversations about Steven King's *The Dark Tower* series this week has prompted me to pose the question:

Is fictional work a valid source of teaching within the craft?

I'm not talking about recreating "ritual" or "spells" from in a book (like trying to retrieve your coffee in the morning by saying *accio coffee*) but as a way to relay larger concepts or different perspectives.

I believe that there are lessons that are easier to convey in this manner. Some of the concepts we deal with in the craft are vast. There is no way to convey their depth and breadth easily in prose., but if you give someone a story they can love and live in, the lesson can essentially be transferred by the student actually walking the path of the character without ever having to make the same mistakes for real.

In a way, great works of modern fiction are like the fables and myths of old. Stories to guide us, teach us, and instill in us a sense of something greater than ourselves. Only now, instead of oral tradition, we have it all in print and digital media. Which allows the stories to become larger than an oral tradition can hold. Much more far reaching and encompassing.

Here are a few of the answers I received when I posed the question : Is there validity in using fictional works to teach and learn in the Craft? What are some of the works that changed the way you see the world?

Lois McMaster Bujold's "*The Sharing Knife*" series for her concept of "ground" in energy working. Also her conceptualization of the how and why deities work through humans in "*The Curse of Chalion*", "*Paladin of Souls*", and "*The Hallowed Hunt*" - as well as her conceptualization of deities themselves in those same books, especially *TCoC* and *PoS*. Also, Barry Longyear's "*The God Box*" for his conceptualizations of reality and its being chock full of little gems of wisdom.  
(Mortir)

*Siddhartha* by Hermann Hesse. I was diagnosed with RA when I was 3, I have had chronic pain for all my life. I read this as a pre-teen and in one section, *Siddhartha* talks about pain, and how if you can block out the world and concentrate solely on the pain, it will go away. So I started trying. Took years of practice but I can now do it without having to block out the world (I am 59 now). It is usually the amazement that it worked that brings me out of whatever state I enter that stops the pain. It also proved to me that there are things that the mind can accomplish and from that to what like minds can accomplish when working together. Which is why I believe prayer works, not because some higher being called whatever makes it so but because so many are using the power of their minds for a certain outcome. And I hope I am making sense because I feel so very out of sorts today.  
(Sandi Goldberg)

Name of the Wind by Rothfuss when Kovthe almost kills himself being cocky thinking he can guess the name of the wind and then not fully thinking through his use of it is a wonderful example of why we should be damn sure of what we are doing and understand the possible implications before doing it, especially where magick is concerned. The Wheel of Time series is what got me interested in herbs, specifically the part where they were using penny royal to combat fleas in order to combat the plague.

(Tiger-Lily)

Lord of the Rings when Faramir had the chance to show his Quality. When Faramir told his Father that he would do his best to take his brothers place When at the beginning of the story Sam said he would follow Frodo to the end then did and because of him the quest was completed, all examples of Impeccability.

When the hobbits take back the Shire at the very end and showed that though they were a non violent peoples they would not let their land be polluted, and through impossible odds, the beauty of their land and it's purity was worth fighting for and then nurturing back to health, through work and the dirt from Lothlorien (the spark of hope and blessing of the Gods or old ones).

Margaret Atwood's oryx and crake trilogy teaches that regardless of your best made plans, you have to account for outside influences and chaos and that even when genetically engineered to not have faith or religion it is inherent in mankind.

(FireHaven)

The Earthsea Trilogy, Strands of Starlight series, Avalon stuff by M.Z. Bradley and Diana Paxson, THE NEVERENDING STORY... I use all of these when I teach classes.

"Nothing is lost. . .Everything is transformed."

— Michael Ende, The Neverending Story

"Do as you Wish" is theme throughout the story, that our desires and imagination can shape our reality. It teaches idea of words having power.

(Thorne)

mists of avalon series... thoughts and ideas about how past lives can play out and about things always having a reason even if we cant see it, and the growth and change of a belief system through ages..... She who remember and voice of an eagle, by linda lay shuler.- for womens mysteries, and the ideal that we belong to no clan or tribe, but to all humankind.... 6 moon dance (Sheri s. Tepper) for the way the world they are on is alive and the reversal of masculine/feminine roles----- the dune series (up to god emperor) for the ideal that a choice to do something that may be perceived as "bad" may not be what it appears, the ideal of sacrifice for the good of a species. "someone has to be the bad guy." ----- The dark tower series, perseverance and hope amongst the horrors of the world..... polgara the sorceress... another about long term, also archetypes, and the ideal of everyday occurrences being significant in the long term , a reason for everything even if we dont know or cant see it. Anything by Pratchett (rest in peace sir) to show things dont have to be serious to convey wisdom..

So, it does seem there is much merit in what we can take from a "mere" story. I am glad I amnot the only one who shoves these stories at other people saying "here take this, it can help if you let it."

Never be afraid to share what has helped you, what has changed your perspective or broadened your

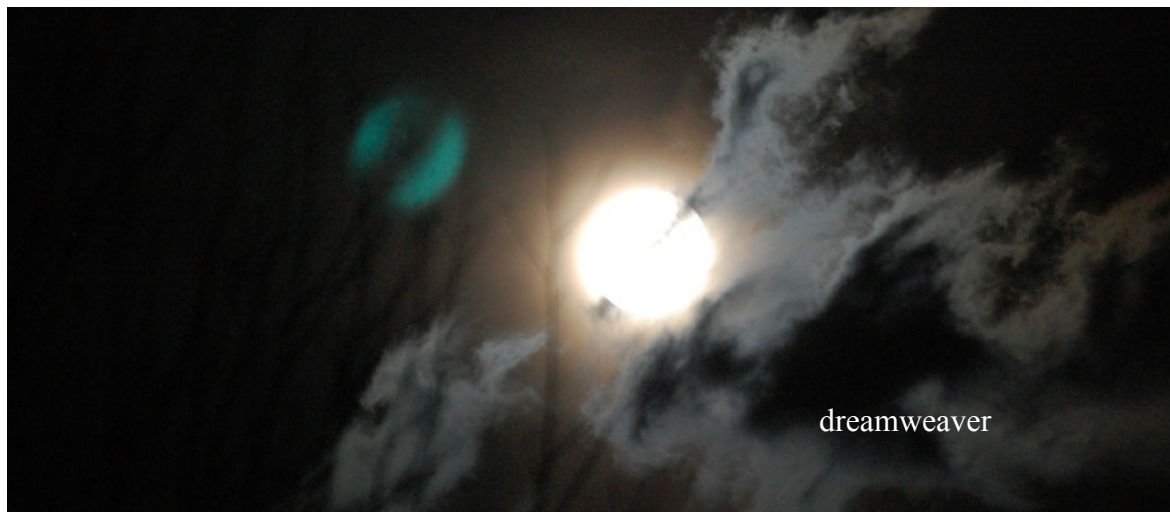
thoughts and horizons. Never stop reading and telling stories.

I encourage each of you to write a bit about your favorite stories that have helped, guided or changed your life and submit them to [PAS@dragonpalm.com](mailto:PAS@dragonpalm.com)

Love and Light Always,  
Lady Pinkie Luna Fae



We meet every third Thursday of the Month at 8 PM at the Sevierville Books - A - Million in the coffee shop. If the weather is nice we meet in the outside patio. They are located at 190 Collier Drive, Sevierville, TN. (collier Drive is the light at the Sevierville Walmart). This is not an official BAM event, so do not contact them for information on the PNO, but for directions their number 865-908-8994. Contact [dreamweaver@dragonpalmtree.org](mailto:dreamweaver@dragonpalmtree.org) for more information or join our Facebook group "Dragon Palm Events" <https://www.facebook.com/groups/221898301197684/>



dreamweaver





# Safe Haven

by Ayesha Khan

I was dreaming.  
The sky was clear and blue  
With no clouds of hatred or lust  
The green trees rustled  
With happiness and peace, in the distance  
The Grey mountains topped with snow  
Too antagonistic  
To lush green fences around me  
- their peaks magically hidden in smoke  
But even that smoke was singing  
In harmony with the love around me  
The cold wind swirled by  
- never too cold  
But mysteriously warm  
As it touched my skin  
Whispering softly  
*We are in heaven.*  
The birds sang on the branches  
In their sweet, melodious voices  
Songs of love  
Thanking us humans  
For realizing and making this world a better place  
*A heaven;*  
For every breathing soul.  
I rubbed my eyes  
Is this heaven real or virtual?  
Am I really dreaming?  
Or did we finally realized?  
The flowers danced in brisk circles  
With the sun gently shinning  
The moon hidden in the sky, but present -  
Imparting soft silver shimmer.  
I smiled and stepped into this perfect piece  
Of forever and eternal heaven  
To be free once more -  
Of politics, power, corruption, lust  
Jealousy, hatred, the thought that war is must;  
*I was in heaven.*  
Until something sharp hit my fragile arm  
Burning hole in my skin, a dent through the bones  
Penetrating pain and warm dripping blood,  
Crimson red on the chalky ground below.  
Cries resurfaced  
Leafs kissed the ground  
Snow melted on the mountain top  
Wind burned dry;  
The sun was nothing but a ball of fire,

My gentle moon nowhere to be seen.  
Flowers vanished  
As the sky turned grey  
And clouded up  
*My heaven died;*  
*As a wicked hell raised.*  
The birds looked at me with demanding,  
Wounded eyes -  
Asking; why we humans don't make it hap-  
pen?  
Why can't we see?  
What this world can be -  
What we see is virtual,  
Real is what lies within,  
Our soul is what matter -  
The body is designed to shatter.  
Break me, then ignite me  
Set fire to the pieces that favour hell;  
Compile the rest and  
Put them to a test.  
If they suffice, let me breathe again -  
In heaven, not hell;  
Make this dream real again,  
*To be safe haven.*





Ayesha Khan



# Rolling With The Tribe



Last edition I talked a little bit about Tuatha Dea. Who they are, who their fans are.... This time, I am going to tell you a little about what they have up their collective sleeve for this year.

First and foremost, Tesea Dawson has stepped off the tour bus and into the office to manage the group as they take off on their whirl-wind adventures. We are welcoming new comer, Luca Caracciolo, straight from Italy with his kit drums.

The first big thing this year was the HardRock Battle of the Bands, right here in pigeon Forge. They blew the competition clear out of the water in the 15 minutes stage time they were given. Judged on everything from their sound, look, presentation and fans, they took a score of 491 points out of a possible 500. I think the best quote from one of the judges was as follows .." I have never felt so compelled to sell all of my things and live in a van down by the river." How rock and roll is that??? They hit the second round on March 25th back at the HardRock, come show some love and help them get to the regionals. The finalists compete for a chance to hit the stage in Barcelona Spain for the HardRock Music Festival. This is huge and we are all very excited and proud of our disfunctional Partridge Family and wish them all the best as they take the stage again for the next round.

Tuatha Dea has their schedule soo packed this year!! Their schedule so far:

Mar 06 Worlds Gala Hunt Valley, MARYLAND  
Mar 07 Worlds Gala Hunt Valley, MARYLAND  
Mar 08 Worlds Gala Hunt Valley, MARYLAND  
Mar 11 Ri Ra Irish Pub Evansville, INDIANA  
Mar 13 Paganicon Saint Louis Park, MINNESOTA  
Mar 14 Paganicon Saint Louis Park, MINNESOTA  
Mar 15 Paganicon Saint Louis Park, MINNESOTA  
Mar 17 JD Muggs Still -n- Grill Addison, ILLINOIS  
Mar 19 The Washington Burlington, IOWA  
Mar 21 Ri Ra Irish Pub Evansville, INDIANA  
Mar 27 Tartan day South V Cayce, SOUTH CAROLINA  
Mar 28 Tartan day South V Cayce, SOUTH CAROLINA  
Apr 03 BEF Farms Full Moon Celebration, Spring Hill. TENNESSEE  
Apr 10 Preservation Pub Knoxville, TENNESSEE  
Apr 11 Catawba Valley Morganton, NORTH CAROLINA  
Apr 17 Drums in the Swamp Springfield, LOUISIANA  
Apr 18 Drums in the Swamp Springfield, LOUISIANA  
Apr 19 Drums in the Swamp Springfield, LOUISIANA  
Apr 24 Asheville Music Hall Asheville, NORTH CAROLINA  
May 01 Many Paths Cavers Paradise, TENNESSEE  
May 02 Many Paths Cavers Paradise, TENNESSEE  
May 03 Many Paths Cavers Paradise, TENNESSEE  
May 14 Pagan Unity Festival Burns, TENNESSEE

May 15 Pagan Unity Festival Burns, TENNESSEE  
May 16 Pagan Unity Festival Burns, TENNESSEE  
May 17 Pagan Unity Festival Burns , TENNESSEE  
May 21 Cafe Istanbul, New Orleans, LOUISIANA  
May 22 Comicpalooza Houston, TEXAS  
May 23 Comicpalooza Houston, TEXAS  
May 24 Comicpalooza Houston, TEXAS  
May 25 Comicpalooza Houston, TEXAS  
May 28 The Last Concert Cafe, Houston TEXAS  
May 29 RBC Dallas, TEXAS  
May 30 The Iron Horse Pub Wichita Falls, TEXAS  
June 05 The Focal point, St. Louis MISSOURI  
June 06 Pagan Pic Nic, St. Louis MISSOURI  
June 19 West Jefferson Library, West Jefferson, NORTH CAROLINA  
July 09 Addison's RocknWheels Bike and Car Cruis N Fest, Addisn ILLINOIS  
Jul 11 Summerland Spirit Festival, Clayton, WISCONSIN  
- July 19 Summerland Spirit Festival, Clayton, WISCONSIN  
Aug 02 Virginia Highland Games, Abingdon, VIRGINIA  
Sept 4 Harvest Homecoming, Columbia MISSOURI  
Sept 5 Harvest Homecoming, Columbia MISSOURI  
Sept 6 Harvest Homecoming, Columbia MISSOURI  
Sept 7 Harvest Homecoming, Columbia MISSOURI  
Sept 11 Mabon Celebration Freeman Sanctuary, Paragould, ARKANSAS  
Sept 18 Enchanted Chalice Renaissance Faire, Greenville SOUTH CAROLINA  
Sept 19 Enchanted Chalice Renaissance Faire, Greenville SOUTH CAROLINA  
Sept 20 McGee's Irish Pub Anderson, SOUTH CARLOINA  
Sept 26 The Dandridge Scots-Irish Festival, Dandridge TENNESSEE  
October 10 Nashville Pagan Pride Day, Nashville TENNESSEE  
Nov 07 Pittsburgh Witches Ball, Pittsburgh PENNSYLVANIA

Told ya they are busy!!!

Here's to hoping Ya'll can catch them out somewhere. They are a much better experience  
LIVE!!!

SLAINTE!!!

Pinkie Luna Fae (Angie Baby )

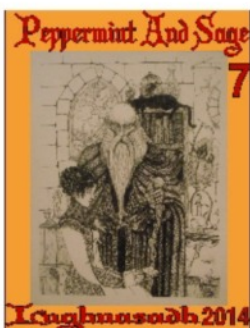


tuatha dea





Become part of Peppermint And Sage  
 Deadline for our next issue is April 24, 2015. We can use article, poems, cartoons, artwork, photos, jokes, reviews, events for the calendar, cover, words for crossword, word search words. We also need to hear from you!! Let us know what you think of this issue, let our writers, artist, poets, photographers know what you think of what they are doing.. Submissions and letters can be sent to [pas@dragonpalm.com](mailto:pas@dragonpalm.com) and letter to Ask Tiger-Lily send to [asktigerlily@pas.dragonpalm.com](mailto:asktigerlily@pas.dragonpalm.com) Each issue has gotten bigger and the price has stayed the same FREE.  
 You can start sending in items for it at anytime. Lets make this issue the biggest yet! We can use COVERS (both front and rear) Start submitting today!!



## the hope of spring

hope  
in the air

the crisp bite  
of spring  
and new  
beginnings  
the scent  
of green  
and loam  
and  
possibilities

invigorating  
intoxicating  
makes you want to  
throw the windows  
wide  
wide  
open  
and dance  
and  
feel

feel inspired  
feel joy  
feel  
hope

by Moonchylde





## Springtime

Rabbits hopping across my road,  
Chirping birds and croaking toads.  
This is what Spring means to me.

Irises budding and green grass growing,  
Leaves on trees and dogwood showing.  
This is what Spring means to me.

Warm breezes and longer days,  
No more ice on the highways.  
This is what Spring means to me.

Goddess and God blessing the Earth  
With the promise of rebirth.  
This is what Spring means to me.

Blessed be!

Lady Sky



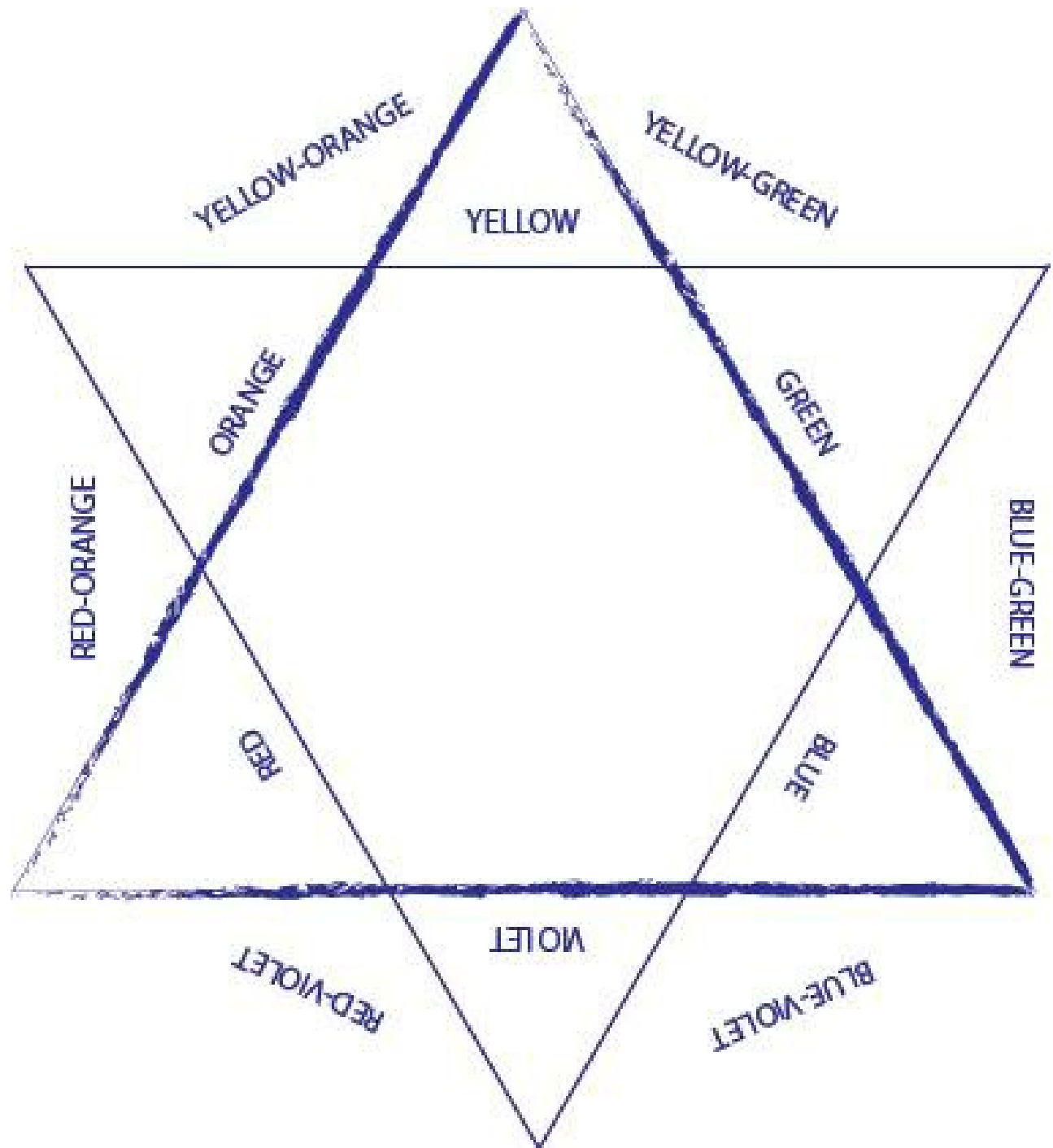




Moonchylde



Moonchylde



## PRIMARY COLORS

Yellow:

Blue:

Red:

## SECONDARY COLORS

Green:

Violet:

Orange:

## TERTIARY COLORS

Yellow-Green:

Yellow-Orange:

Blue-Violet:

Blue-Green:

Red-Orange:

Red-Violet:

## BLACK, WHITE, GREY, and BROWN

Black (the absence of all color)

White (all colors combined)

Grey (can be mixed using complementary colors)

Brown (can be mixed using complementary colors)

## METALS

Gold

Copper

Silver

**SHADES** are created by adding varying amounts of black to a color to make it darker.

**TONES** are created by adding grey to colors resulting in less intense versions than the pure colors.

**TINTS** are created by adding white to a pure color to make it lighter.

**MONOCHROMATIC** colors are the different shades and tints of one color.

**ANALGOUS** colors are side by side on the wheel.

**COMPLEMENTARY** colors are the colors opposite each other on the color wheel.



# This Issues Cover



Ayesha Khan is a student at the University of Karachi in Pakistan. This is the second issue of PAS that she has sent submission to .

# Pagan Fun Time



$$\text{Green Egg} \times \text{Green Egg} = 36$$

$$\text{Red Egg} + \text{Red Egg} + \text{Green Egg} = 40$$

$$\text{Blue Egg} + \text{Blue Egg} + \text{Blue Egg} - \text{Red Egg} = 10$$

$$\text{Green Egg} - \text{Blue Egg} + \text{Red Egg} = ?$$



# Ostara Word Search

R	H	I	A	N	N	O	N	R	J	B	U	N	N	Y
H	Z	L	G	F	B	A	S	K	E	T	F	I	L	Z
T	C	D	A	N	C	E	N	A	F	O	C	Q	N	U
N	H	E	L	L	E	H	S	C	N	E	D	A	E	Z
I	F	L	O	W	E	R	S	E	R	N	M	Q	G	Y
R	O	A	R	A	T	S	O	A	G	S	A	U	G	S
Y	M	L	E	J	U	Q	H	B	I	K	P	N	Y	A
B	K	C	Q	Y	R	K	E	L	R	C	B	G	I	G
A	U	J	U	E	Q	F	A	G	E	I	F	S	C	E
L	E	Q	I	F	A	T	V	L	D	N	G	P	K	H
Z	O	M	N	H	U	S	T	F	E	H	I	H	J	C
R	S	U	O	R	G	I	T	L	Q	N	X	R	I	O
Q	T	Q	X	Y	C	W	Z	E	B	D	A	J	H	D
Y	R	F	S	P	I	R	A	L	R	G	N	S	L	S
S	E	Q	V	K	P	E	R	S	E	P	H	O	N	E

OSTARA  
 BASKET  
 BRIGHID  
 CELTIC  
 EGG  
 DANCE  
 BUNNY  
 EASTER  
 EOSTRE  
 FLOWERS  
 HARE  
 INANNA  
 LABYRINTH  
 PERSEPHONE  
 RHIANNON  
 SHELL  
 SPIRAL  
 EQUINOX  
 TALISMAN  
 SAGE  
 SHRINE

## Ostara Double Puzzle

TASRAO									
TEERAS									
FSROLEW							○		
NAHBRLYTI						○			
LAITAMSN									○
EGSA			○						
TECILC									
NINNAA									
NAHRNNOI	○								
PISRAL		○							

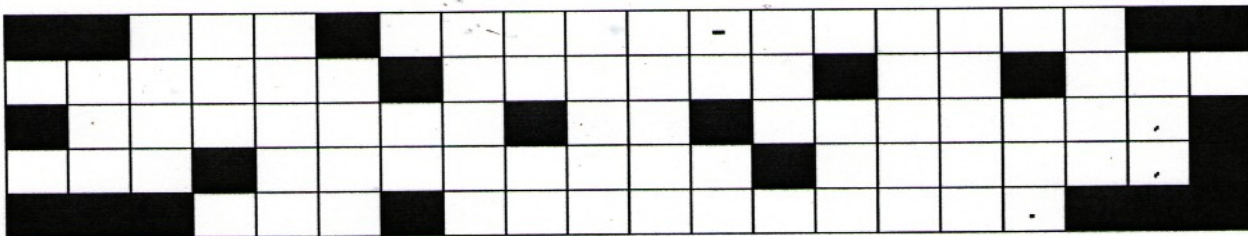
○

Unscramble each of the clue words.

Take the letters that appear in  boxes and unscramble them for the final message.

Created by Puzzlemaker at [DiscoveryEducation.com](http://DiscoveryEducation.com)

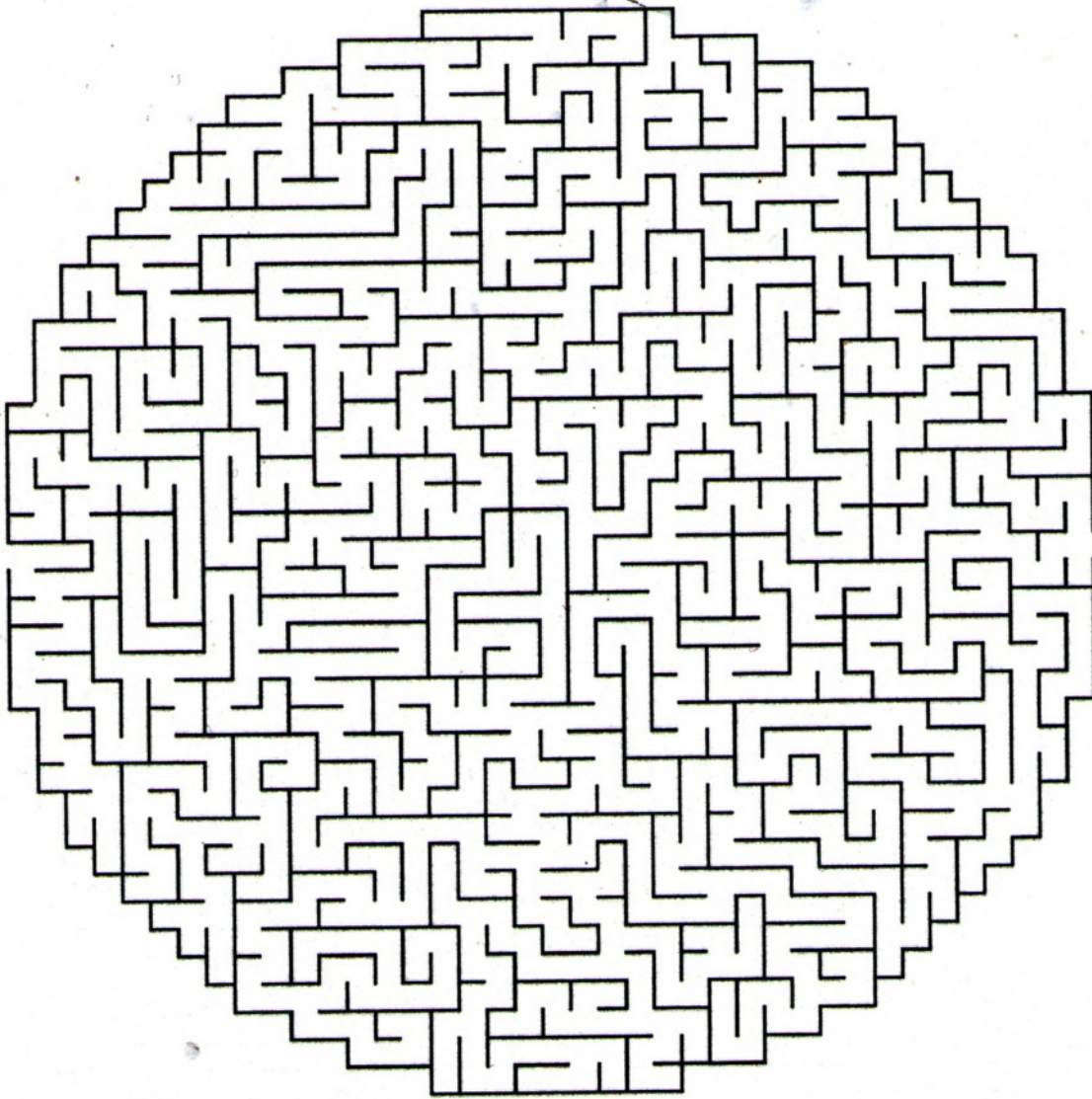
## Ostara Fallen Phrase Puzzle



E N R F X Y  
 T L E R S E I T S E R R G  
 A I D D D A F G O T R E A A S N T  
 H G O A N E E E O S O G S P T I T S  
 T H E H G D S E N L N I L I A O N H H E

Created by Puzzlemaker at [DiscoveryEducation.com](http://DiscoveryEducation.com)

# Ostara maze





	-		+		11
-		/		/	
	x		-		6
-		x		x	
	+		-		5
-3		3		6	



Try to fill in the missing numbers.

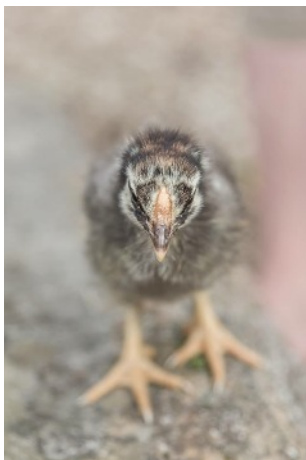
Use the numbers 1 through 9 to complete the equations.

Each number is only used once.

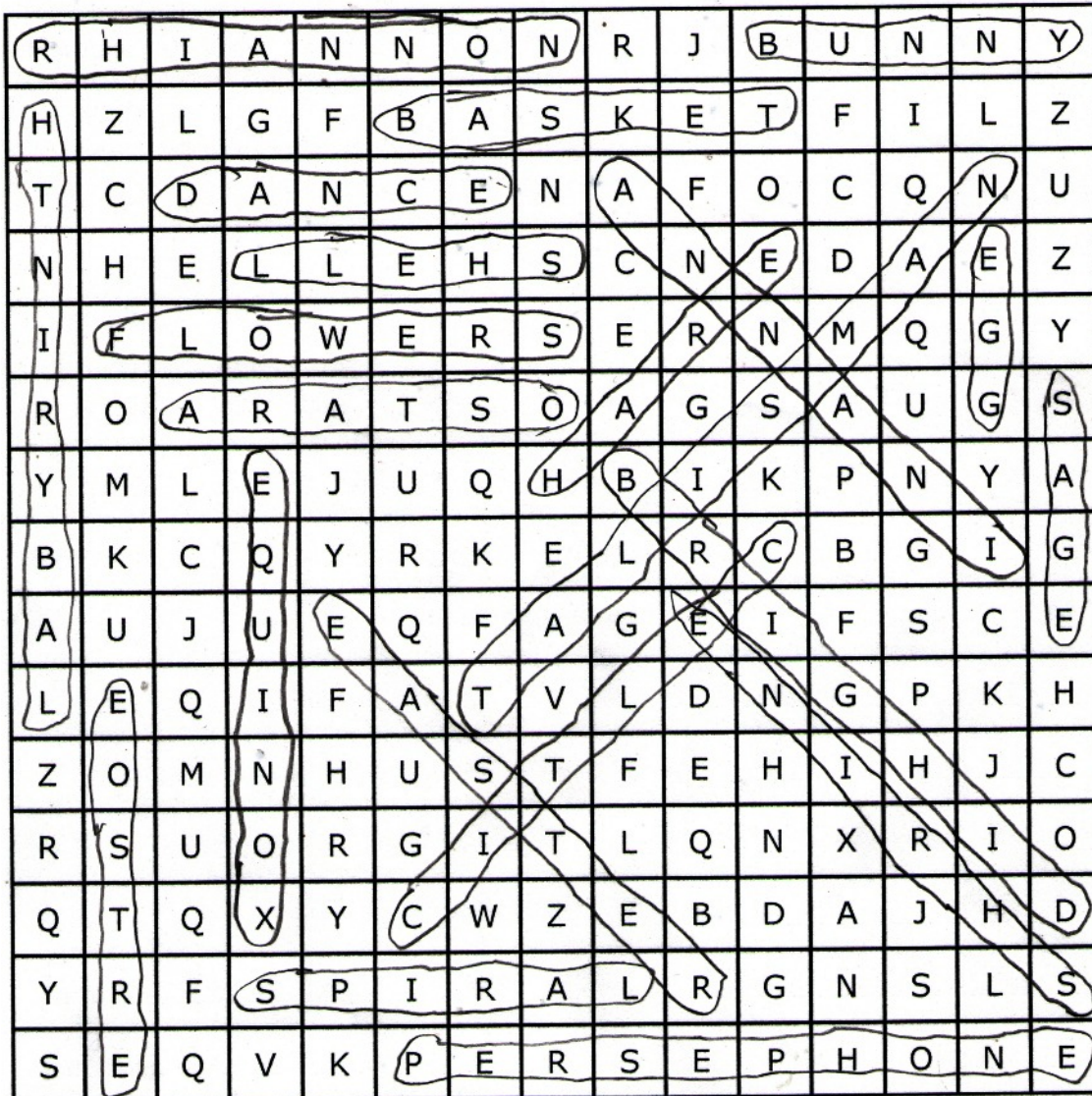
Each row is a math equation. Each column is a math equation.

Remember that multiplication and division are performed before addition and subtraction.

Created by Puzzlemaker at [DiscoveryEducation.com](http://DiscoveryEducation.com)



Chixs by Moonchylde



9	-	6	+	8	11
-		/		/	
5	x	2	-	4	6
-		x		x	
7	+	1	-	3	5
-3		3		6	

Answer to egg number puzzle is 14



THE ANGLO-SAXONS  
 HAILED EOSTRE AS THE  
 GODDESS OF SPRING.  
 THE GREENING EARTH,  
 AND FERTILITY.





Moonchylde

